

# EMPOWERING *Communities*

**Supporting Disaster Recovery.  
Strengthening Communities.  
Building Resilience.**

This 3hr practical and engaging session provides participants with the knowledge, tools and confidence to better understand disaster recovery and support inclusive, community-led recovery outcomes.

Participants will gain an understanding of:

- How disasters affect individuals and communities differently
- The importance of inclusion and diversity in recovery planning
- The role of local leadership and community connection
- Best-practice approaches to disaster recovery
- The value of informal gathering spaces and social connection
- Strategies to support long-term resilience and wellbeing

Delivered by award winning disaster recovery practitioners



**Mat and Sue**

- Practical and engaging activities
- Real-world recovery insights and examples
- Interactive discussions and hands-on learning
- Community-focused and strengths-based approach



**The Six C's**

Emergency Management Specialists